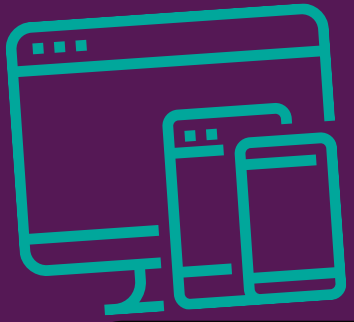


WES FOR YOUTH ONLINE



FIND US ON INSTAGRAM, TIKTOK, AND FACEBOOK
@WESFORYOUTHONLINE

WWW.WESFORYOUTHONLINE.CA

ABOUT US

Wellness & Emotional Support (WES) for Youth Online provides free, professional, confidential e-counselling. We understand that mental health is complicated, and the concerns of youth need time and trust to work through. To provide youth with the support they want without barriers or limitations, our service has no time constraints or counselling session limits.

Our goal is to provide youth with a safe, inclusive space for them to grow and better their mental health.

Common topics youth come to us to talk about include anxiety, educational pressures, relationship concerns, LGBTQ+ issues, general feelings of discontent and uncertainty.

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MISSION

WES for Youth Online provides ongoing counselling to Ontario youth ages 13-24 through email, live-chat, telephone and video services-free of charge.

VISION

All young people have access to free counselling to care for their mental health.

WWW.WESFORYOUTHONLINE.CA

OUR SERVICE

Youth can connect with one of our qualified counsellors through the asynchronous in-platform email option, the live chat function, or through telephone or video call, all within the safety of our secure platform. Youth can access WFYO's service and app anywhere they feel comfortable, all they need is Internet connection.

WWW.WESFORYOUTHONLINE.CA

- \$160 = 1 Hour Counselling
- We Cover 100% of Costs
- No Session Limits
- WFYO Supported Over 3000 Youth Since 2012



**FOR MEDIA RELATED INQUIRIES
PLEASE CONTACT:**

jordyn@wesforyouthonline.ca