



Wellness & Emotional Support
for youth online

2024 YOUTH IMPACT REPORT

RECENT FINDINGS

It is estimated that 20% of children and youth in Canada are affected by a mental health disorder; approximately 1.2 million young people.

1-Mental Health Commission of Canada. Retrieved from <https://mentalhealthcommission.ca/what-we-do/children-and-youth/>

WHO WE ARE

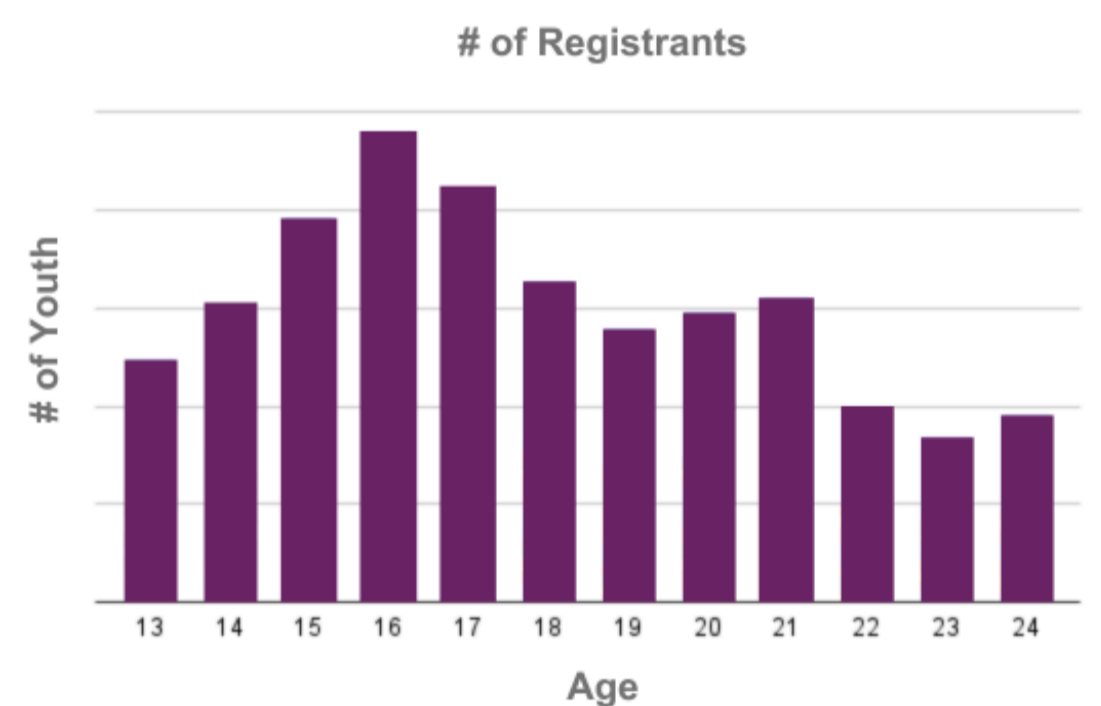
Wellness & Emotional Support (WES) for Youth Online provides free, professional e-counselling to youth ages 13-24 in Ontario. Our organization provides a safe and inclusive space for youth to receive ongoing support and develop coping skills for all they are facing. Together, we are creating a brighter future for youth mental health in Ontario.

2024 PROGRAM STATISTICS

504 NEW YOUTH

registered for WES for Youth Online's free e-counselling service.
55% growth from 2023.

YOUTH AGE DISTRIBUTION



TOP 5 USER LOCATIONS

1. Toronto
2. Mississauga
3. Ottawa
4. Hamilton
5. Brampton

2,202 HOURS of free e-counselling provided. That's 132,120 minutes!

7,811 MESSAGES sent to youth from our counsellors.

1,770 LIVE CHAT, VIDEO & TELEPHONE SESSIONS provided.